

SOUL DRUMS NEW FOR 2015/16 P.O.P. PROGRAM



*P.ercussion
O.ptimizes
P.otential*

Drum Circle Facilitation System



Led by

**DOUG SOLE and
ALTAF BWANA MOTO**

4 WEEK PROGRAM

7:00 PM - 8:45 PM

TUESDAY EVENING'S - OCT 13, 20, 27 AND NOV 3

Register now for our internationally recognized drum circle training program, presented in the Soul Drums Ensemble Room.

416-225-5295

1-800-305-7685

sales@souldrums.com

FACEBOOK.COM/SOULDRUMS



Why your **SCHOOL** needs The **SOUL DRUMS P.O.P. PROGRAM!!**

- #10 Mind Growth Through Education
- #9 Character Development
- #8 Improves Cross Functional Communications
- #7 Builds Self-Confidence
- #6 Improved Relationship And Team Building Skills
- #5 Raises Energy, Health And Wellness
- #4 Enhance Leadership Skills With Metaphors
- #3 Ethno-Cultural Integrity - Unity Through Diversity
- #2 Peace in community
- #1 Enjoyment & entertainment - It's fun!!!

The Soul Drums P.O.P.

system integrates activities from contemporary drum circles with open group discussion to teach skills in focusing and listening, team building, healthy community behaviours, positive risk taking, self-esteem, awareness of others, leadership, expressing feelings, managing stress, empathy and gratitude. **The program serves a whole classroom at a time and is designed for delivery by persons with no musical experience.** It is inclusive, culturally relevant, and does not bear the stigma of counselling.

Our experience has shown that the P.O.P. program can significantly improve many behaviour issues, as well as positively effect social skills while developing leadership principles.

Soul Drums **P.O.P.** events emphasize process and not performance. It includes a metaphorical dimension involving guided interaction. This training is available in 2 levels, which are completed in 8 hours. It is packed with usable information, culturally specific hand drum techniques, and course training materials to further improve in-class facilitation skills.

Fourth and fifth grade students are ideally suited for this program because their peer centric developmental stage lends itself well to group-oriented activities, reflection upon behaviour, and motor mastery; however, **P.O.P. can be easily adapted to any population, including teens, at-risk youth, and older adults.**

P.O.P. was developed through the experiences gained in over 30 years of the combined expertise of Soul Drums Facilitation Staff presenting to a diverse client list that include Professional Educational Institutions, The Federal and Provincial Government Sectors, Hospitals and Professional Medical Institutions. Therefore, the product is professionally sound, rhythmically engaging, and sustainable.

Many school counsellors, teachers, social workers, therapists and corporate trainers in the province of Ontario have received professional development training in our Soul Drums **P.O.P.** programs. Those that have implemented the program respond that the program is useful and that the curriculum materials are user-friendly.

Level One cost complete with training materials **\$249.99** plus h.s.t.

Level Two cost \$199.99 plus h.s.t.



CURRICULUM AND TEACHER TRAINING COURSES INCLUDE:

- Ensemble performance techniques
- Skills to teach all grades
- Teaching without musical notation!
- Ethnocultural drumming with box notation
- Character and values based metaphors in the drum circle
- Culturally specific drumming styles
- Health and wellness through rhythm

What people have said about our events

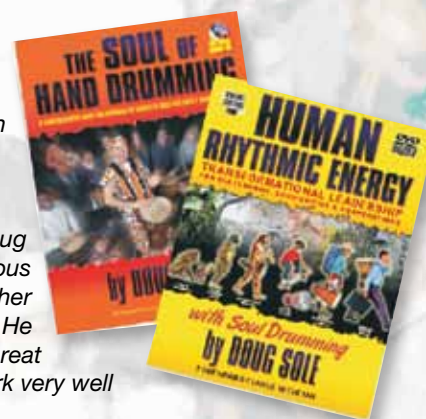
Just wanted to say thanks so much for the wonderful presentation. Jean was so appreciative of the way that your message supported hers. My colleagues were very impressed as well, saying that they were engaged and energized and really heard and understood the leadership qualities and the important role that we play as system leaders.

Lynn MacDonell
Principal
Webbwood Public School

I just finished taking the course 'Human Rhythmic Energy'. It was an amazing course and Doug Sole is a fabulous motivator/teacher and instructor. He has written 2 great books that work very well with all ages:

The Soul of Hand Drumming and Human Rhythmic Energy. Both are excellent and come with DVD recordings. I would say of all the courses over the years I have taken in music, this was the best I have ever attended..truly. If you ever have a chance to get him as a presenter for your conference or school I would very highly recommend him.

Heather Emerson
Music Teacher
Green Glade Sr.



P.O.P. Training System

For information regarding information, dates and times for the upcoming P.O.P. training systems please email sales@souldrums.com or go to www.souldrums.com